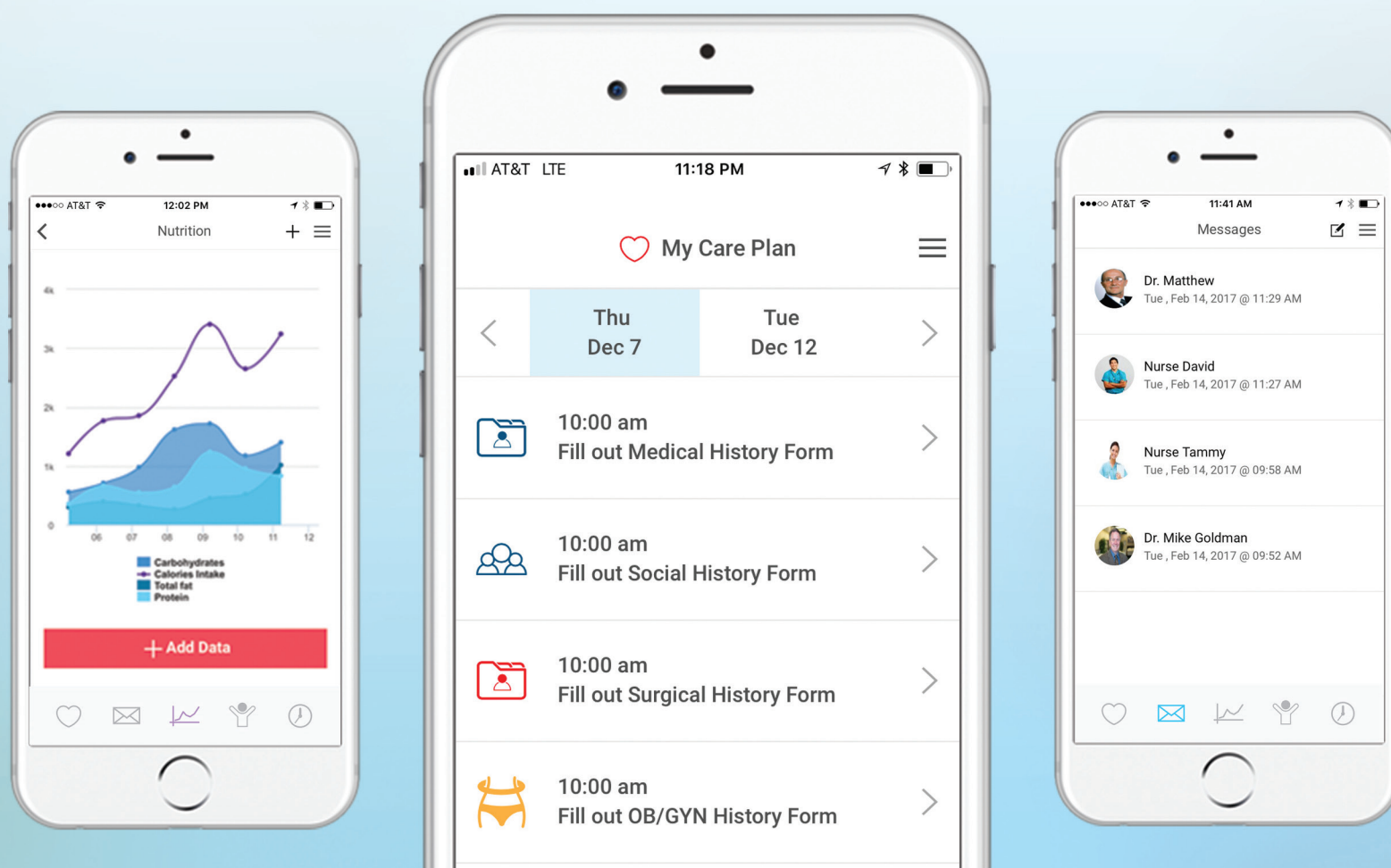


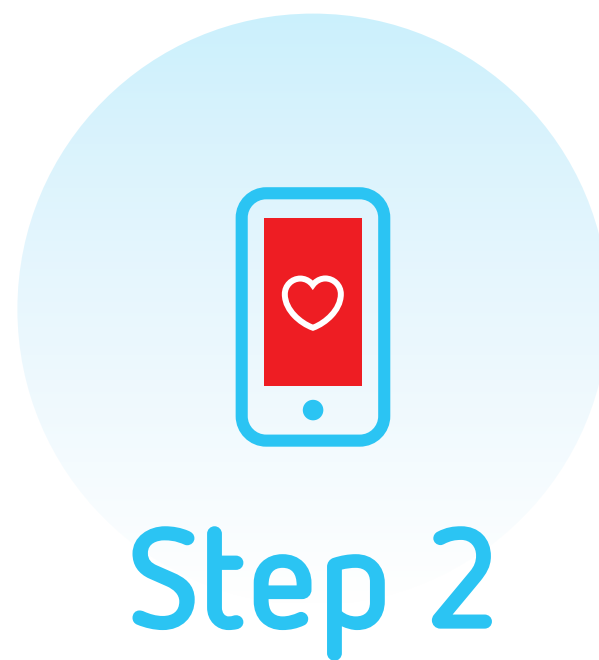
# MyCarePlan



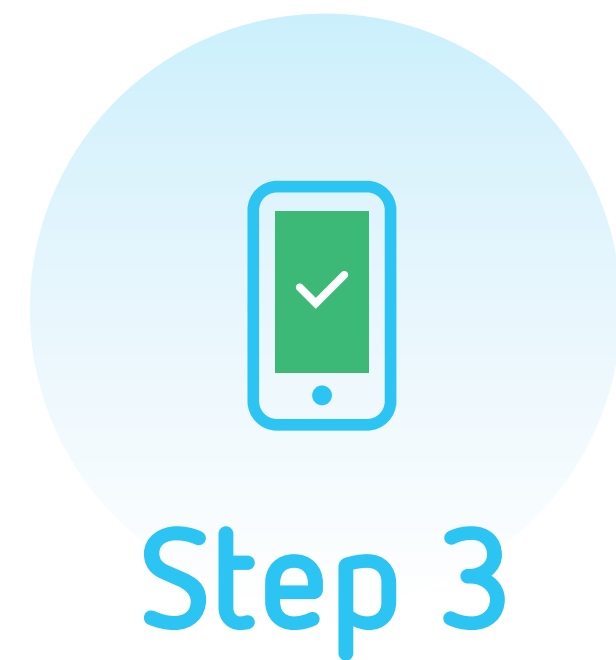
Use MyCarePlan to help you prepare for your appointments, communicate with your provider, and to stay on track of your care plan. The app will guide you throughout the entire patient journey and tell you exactly what you need to do, and when you need to do it. Follow the steps below to get started, and take the first steps towards improving your patient experience.



You will receive a "Welcome Email" which will provide links to download the app from the Apple and Google Play store. This email will contain your username and password.



Log in to the app using the credentials you received in the Welcome email. Please contact our staff if you need us to resend the email.



Follow the instructions in the app for improved outcomes. You may free up time with your provider for other issues you would like to address if your tasks are completed on time.

Download the MyCarePlan app now and manage your health and well being. Available on Apple and Android.



# Ask us to send you your login details today!